TOAGOLLEGE

SCHOOL OF COUNSELING

JAN-MAR 2025 (TERM1)



COURSE SCHEDULE



www.tca.edu.sg

WEEKLY COURSES



THEORIES OF GROUP WORK

For Year 2 students

Angeline Teoh, PhD, MA CMHC

Every Monday: Jan 6 - Mar 31; 7-10pm

This is a course for students to learn group facilitation and intervention skills that are necessary for the effective delivery of recovery groups, support groups, psychoeducation groups or any group promoting personal wellness. It covers the different theories of group work, including group development and group processes. Related multicultural issues will be explored.



PRACTICUM WITH SUPERVISION

Pre-requisite: Core Clinical Skills 1 & 2

Rev Sam Kuna, MA (MFCC) Rev Lim Poh Cheng, PDC, MAM, MCOU (Adv)

Tuesdays: Jan 7, 14, 21 & Feb 4; 7-10pm Saturdays: Mar 8 & 15, 8.45am-5.30pm

This course consists of experiential learning alternating between faith-based and community-based agency settings, classroom work, Individual and Group Supervision, individual review, and reflection.

Students are expected to apply their theoretical learning and knowledge base to the clients and families under their care, in line with current professional and ethical codes of conduct.



SELF OF THE COUNSELOR

For Year 1 students

Esther Tzer Wong, M. Soc. Sci., MNTCW

Every Tuesday: Jan 7 - Apr 1; 7-10pm

This course focuses on the self and Christian disciplines, such as journaling, meditation, contemplative prayer, and care for the soul that enables a person to be congruent, authentic and Christ-honoring in their work of counseling. As self-awareness and personal growth contribute significantly to one's well-being and efficacy as a counselor, the student will be encouraged and guided to examine the

development of his / her own spiritual and human identity. Special emphasis will be placed on how our family of origin, gender and sexuality, subculture and ethnicity affect our social, emotional and spiritual growth and development. This has implications for the kind of relationships we build with others, both in the context of our faith community as well as in the wider ministry of people-helping.



APPLIED PSYCHOLOGY IN HELPING RELATIONSHIPS

For Year 1 students

Rev Anita Chia, MDiv, MA (CC)
Rev Lim Poh Cheng, PDC, MAM, MCOU (Adv)

Every Wednesday: Jan 8 - Apr 2; 7-10pm

This course introduces students to a broad overview of the different fields of psychology, including an orientation to the helping relationship and the counseling profession. Attention is given to the interaction between differing worldviews and belief systems, the ethical and personal nature of the healing relationship as well as the resources available

for promoting growth. As with all courses in the School of Counseling, this course prioritizes the acquisition of assessment and treatment skills that are clinically based and sensitive to spiritual/religious variables. Such a focus is vital to helping the individual, family, church, and community.



RESEARCH AND ASSESSMENT PROCEDURES

For Year 2 students

Dr Angeline Teoh, PhD, MA CMHC

Every Thursday: Jan 9 - Apr 3; 7-10pm

This is an introductory course in research methods, psychological testing, and clinical assessment. It provides learners with a foundation in measurement theory to become discerning consumers of research and testing, and to apply best practices in the selection and ethical use of psychological tests. The acquisition of assessment skills that are

clinically based and sensitive to spiritual/religious variables, is vital to helping the individual, family, church, and community. Hence, the course will focus on applications of varied tools, research, and assessment methods relevant to the Self of the developing counselor, as well as to the larger population from diverse backgrounds.

BLOCK COURSES



DIVORCE AND REMARRIAGE

For Year 3 & 4 students

Audrey Yeo, MAC, LL.M

Saturdays: Jan 11, Jan 25 & Feb 8, 8.30am-6pm

This course provides students with an understanding of the practice of divorce therapy and the dynamics of remarriage. It helps students learn that divorce and remarriage can be complex and impacts couples and their children as well as other family members. A biblicaltheological perspective as well as challenges of coping in a single-parent situation will also be explored.



GENDER AND SEXUALITY

For Year 3 students

Rev Sam Kuna, MA (MFCC)

Saturdays: Jan 18, Feb 1 & Mar 1; 8.30am-6pm

This course focuses explicitly on the issues of gender roles and the changing norms of gender and authentic and inauthentic sexuality in modern society. Sessions will also touch on issues like sexual orientation, gender identity, premarital and extra-marital problems, pornography, rape, and sexual abuse.

ADMISSION APPLICATION



- Apply online: https://mytca.tca.edu.sg/web/login
- Alternatively, scan the QR code on the left to apply online
- TCA College reserves the right to close a class or cancel a course
- Application closing dates for new applicants:

INTERNATIONAL APPLICANTS

LOCAL APPLICANTS

AUG 31, 2024

OCT 31, 2024

Note: Current students are to register for new courses via myTCA.

FEES

Fees are listed in Singapore dollars and payable each term based on the number of credits taken for the term.

ADMISSION APPLICATION FEE

TUITION FEES

Note: Each course is worth 3 credits unless otherwise stated.

\$76.30 (Non-refundable)

3 credits: \$1,209.90 Audit: \$604.95 Please refer to the College's website for full details on financial information and admission requirements. Students are to purchase the textbooks on their own.

FOR PASTORS AND TCA ALUMNI

TCA College offers one free onsite audit course per year under the School of Theology to all pastors and TCA alumni. To apply, please email admin@tca.edu.sg

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